

Full Circle Dance Center

Summer Session July 6 - August 2, 2026
(4 Weeks)



STUDIO 1 - PURPLE

STUDIO 2 - TEAL

MONDAY

10:00-11:00 a.m. Ballet/Tap (3-4 yrs) (KK)
11:00-11:30 a.m. Creative Movement (18mo - 2.5 yrs) (KK)

5:00-5:45 Hip Hop/Poms (5-7 yrs) (KK)
5:45-6:45 Ballet/Tap (5-7 yrs) (KK)
6:45-7:30 Foundational Movement for Dance (8-11 yrs)(CH)
7:30-8:15 Hip Hop/Poms (8-11 yrs) (CH)
8:15-9:00 Teen -Advanced Leaps & Turns (CH)
9:00-9:45 Teen-Advanced Foundational Movement for Dance (CH)

5:00-5:45 Lyrical (8-11 yrs) (AH)
5:45-6:45 Ballet (8-11 yrs) (AH)
6:45-7:45 Pre-Teen/Teen Ballet (AH)
7:45-8:30 Teen-Adult Ballet (AH)
8:30-9:15 Adult Jazz Heels (KK)

TUESDAY

10:00-11:00 a.m. Tumbling (5-7 yrs) (CH)
11:00-11:30 a.m. Toddler Tumbling (3-4 yrs) (CH)

4:45-5:30 Turns & Leaps (8-11 yrs) (CH)
5:30-6:15 Acro for Dance Level 1-2 (8-11 yrs) (CH)
6:15-7:00 Contemporary (8-11 yrs)(CH)
7:00-8:00 Teen Lvl 2-Adv. Ballet (CH)
8:00-8:45 Pre-Pointe/Pointe (CH)
8:45-9:45 Adult Intermediate-Advanced Ballet (CH)

4:45-5:30 Boys Hip Hop (8-12 yrs) (KK)
5:30-6:15 Boys FREE Ballet (8-12 yrs) (KK)
6:15-7:15 Zumba (DW)
7:15-8:00 PlyoFlow (DW)
8:00-9:00 Ballet Barre (KK)

WEDNESDAY

10:00-10:45 a.m. Hip Hop/Tap (5-7 yrs) (KK)

5:00-6:00 Ballet/Tap (3-4 yrs) (KK)
6:00-6:45 Tap Level 1 (8-11 yrs) (MM)
6:45-7:30 Pre Teen/Teen Tap(MM)
7:30-8:30 Adult Advanced Tap (KK)
8:30-9:15 Adult Hip Hop/Jazz (KK)

5:15-6:00 Choreography 101 (8-Teen) (AH)
6:00-6:45 Pre-Pointe/Ballet Technique (AH)
6:45-7:30 Ballet Technique (8-11 yrs) (AH)
7:30-8:30 Adult Intermediate Tap (MM)
8:30-9:15 Jazz (8-11 yrs)(MM)

THURSDAY

5:00-5:30 Creative Movement (2-3yrs) (KK)
5:30-6:15 Boys Ballet FREE!! (4-7 yrs) (KK)
6:15-7:00 Boys Hip Hop (4-7 yrs)(KK)
7:00-8:00 Line Dance Fusion (all ages)(BK)
8:00-9:00 Adult Contemporary (CH)
9:00-9:45 Teen-Adult Stretch and Strengthening (CH)

5:00-6:00 Musical Theater (AM)
6:00-6:45 Drama/Acting for Dance (AM)
6:45-7:45 Adult Beginner Tap/Musical Theatre (AM)
7:45-8:45 Teen Tap Level 2 (KH)
8:45-9:30 Teen-Advanced Hip Hop/Jazz (KH)

SUNDAY

10:00-11:00 Advanced Adult Ballet (CH)
11:00-12:00 Advanced Adult Contemporary (CH)
12:00-12:45 Adult Turns & Leaps (CH)
12:45-1:45 Adult Stretch & Strengthening (CH)

CHECK OUT OUR FACEBOOK/WEBSITE FOR OUR EXCITING NEW SUMMER CAMPS & SPECIAL EVENTS:

This summer we are excited to offer Body Anatomy for Dancers Camp, Broadway Musical Theatre Camp, Father-Son Hip Hop Intensive, the Summer Dance Sampler, Mother-Daughter Ballet Intensive, Bar After Barre, (Adult Ballet Barre followed by an adult beverage) Tap on Tap (Adult Tap followed by an adult beverage), Adult Swiftie Camp, Bluey Dance Camp, and K-Pop Dance Moves!

DESCRIPTION OF OUR NEW SUMMER CLASSES:

Foundational Movement of Dance: Strengthen your technique, improve body awareness, and develop strong foundational movement skills while learning grounding techniques that help dancers grow confidence. Highly recommended for competition dancers!

Line Dance Fusion: A fresh twist on traditional line dancing! This class combines today's hits, pop music, hip hop beats and popular social dance trends for a fun and exciting experience!

PlyoFlow: A high-energy conditioning class that combines plyometrics, strength, balance, and fluid movement to help dancers build power, control, endurance and flexibility.

Musical Theater Program Spotlight: This summer we are excited to welcome Miss Abby, recent dance director for Singing in the Rain at the Woodstock Opera House! Join us for Broadway-inspired classes featuring storytelling through movement, performance training and musical theater fun.

Gentle Jazz: A welcoming, low-impact jazz class designed for seniors and/or dancers needing modifications, focused on movement, coordination and the joy of a supportive environment.

BACK BY POPULAR DEMAND - SUMMER PRIVATE LESSONS DEAL!

Are you age five-adult and want to try dance for the first time, try a new style of dance, improve technique within a style, sharpen dance skills? Here is your chance!

\$55 per hour (regular FCDC price \$90/hour) OR \$225 for a set of 5 hour lessons

\$40 per half hour OR \$155 for a set of 5 half hour lessons

SIX WEEK SUMMER SESSION TUITION:

60 minutes (6 weeks) \$90 45 minutes (6 weeks) \$85 30 minutes (6 weeks) \$65

Text or Call: 847-338-3125 • Email: fullcircledancecenter@gmail.com

646 E. State Rd. (Route 176), Island Lake, IL (Westridge Shopping Center)

Voted Daily Herald's Best of the Best Dance Studio for EIGHT YEARS!